

Nondiscrimination Statement: Discrimination is Against the Law

Move Free Physical Therapy and Wellness complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Move Free Physical Therapy and Wellness does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Move Free Physical Therapy and Wellness:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
 - Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact [Jessica Tomkoski](#) .

If you believe that Move Free Physical Therapy and Wellness has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Jessica Tomkoski, Practice Owner, 5501 Welkin Ct. Durham NC 27713, Phone: 919-886-4163, Fax: 919-886-4904, Email: Info@movefreeptandwellness.com.

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Jessica Tomkoski, Practice Owner is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD) Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.